

COURSE NAME and ID Number

Growth Mindset, ID# 417

DOMAIN

SOEE Directed Study Portfolio

COURSE STATEMENT

Create a lesson plan that teaches the concept of growth mindset and strategies for how develop this mindset.

COURSE DESCRIPTION

A Growth Mindset is the foundation for resilience and persistence. This course will describe what a Growth Mindset is (as compared to a Fixed Mindset), the correlation and effects a Growth Mindset has on the brain, the power of grit, and strategies for developing a Growth Mindset classroom.

Furthermore, this course will prepare you to create a lesson plan to teach your students about a Growth Mindset, how to embrace a Growth Mindset through questioning and awareness, and to implement strategies to develop this mindset themselves.

LEARNING OBJECTIVES

Upon successful mastery of this course, you will be able to:

1. Explain what a growth mindset is and why it is important to have
2. Contrast the differences between a growth mindset and a fixed mindset
3. Analyze your own mindset
4. Explore various strategies to develop growth mindset including the *Power of Yet, grit, and embracing mistakes*

DEMONSTRATING MASTERY: A TWO-STEP PROCESS**Step One: Learning and Understanding**

This course is broken down into **Learning Objectives** and related **Topics**. For each objective, you will participate in Learning Activities designed to enhance and reinforce understanding. **Learning Activities** include Interactive Discussions, readings, video and audio clips, slide presentations, Discussion Board prompts, Learning Journal prompts, practice exercises, demonstrations, as well as links to web and library resources.

Competency Structure

The table below details the Learning Objectives along with their corresponding Topics.

Module	Topics
Growth Mindset vs Fixed Mindset	<ul style="list-style-type: none">● What is a Growth Mindset?
Strategies for Developing a Growth Mindset	<ul style="list-style-type: none">● The Power of Yet● Grit● Embracing Mistakes
The Growth Mindset Classroom	<ul style="list-style-type: none">● Creating a Growth Mindset Lesson● Growth Mindset Applied

Step Two: Final Assessment

Once you have successfully progressed through the Learning Activities, you are ready to demonstrate that you have mastered the course. In order to demonstrate mastery, you must be evaluated as proficient or exemplary on each rubric category for the corresponding performance-based assessment (paper, presentation, project, etc.). Please note that submissions may be checked for plagiarism.

STUDENT RESOURCES

Brandman Online Library Resources

Brandman University provides comprehensive online library services including access to books, journals, databases, and other resources. Librarians are available via email and phone to provide support. Students can access the library directly when logged into their courses.

Writing and Math Help

Brandman's Online Writing and Math Center (OWMC) offers subject-specific tutoring services, live workshops, video tutorials, tutorial office hours, and links to top academic sites in order to ensure student success. Students can access the OWMC directly when logged into their courses.

Netiquette

Communicating in an efficient and respectful manner is critical to the learning process. Please view the following clip which provides netiquette guidelines:

http://www.youtube.com/watch?feature=player_embedded&v=6dRoclqDJh0

Standards of Academic Integrity

Academic integrity is a core Brandman University value which insures respect for the academic reputation of the University, its students, faculty and staff, and the degrees it confers. Students are required to read, understand, and apply the standards set forth concerning academic integrity found in the policy link below.

<http://www.brandman.edu/current-students/resources/catalogs>

Americans with Disabilities Act Statement

Brandman University is committed to ensuring equal educational access and opportunity for all members of our academic community. Students will be provided timely, efficient, and equitable accommodations and services that are in compliance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990 (ADA)/Americans with Disabilities Act Amendments Act of 2008 (ADAA). More details are available in the current Brandman University Academic Catalog.

<http://www.brandman.edu/current-students/resources/catalogs>