



### **COURSE NAME and ID Number**

Leading with Emotional Intelligence ID# 416

#### **DOMAIN**

**SOEE Directed Study Portfolio** 

## **COURSE STATEMENT**

This course will provide insights and tools for increasing your leadership influence and effectiveness at all levels of the organization.

#### COURSE DESCRIPTION

Emotional intelligence (EI) is vital to being an effective and high-performing member of any team. Business professionals who understand the connection between emotions and actions and can apply EI skills to maximize effectiveness, have a stand-out advantage in any organization.

During this course, we will study the theories and concepts of the EI model which focuses, specifically on the behavioral level, on performance at work and on organizational leadership. We have developed this course to introduce you to the proven EI model and provide you with the insight and skills to apply it in making your job, career, and relationship more effective, satisfying, and successful.

# **LEARNING OBJECTIVES**

Upon successful mastery of this course, you will be able to:

- Define emotional intelligence concepts and frameworks.
- Identify personal emotional intelligence skills through self-assessment.
- Describe the connection between emotional intelligence and individual and organization performance.
- Relate emotional intelligence factors to leadership effectiveness.
- Explore strategies to build emotional intelligence into strengths to improve leadership performance.
- Devise an action plan to integrate practices that increase emotional-social intelligence within your work group.

# **DEMONSTRATING MASTERY: A TWO-STEP PROCESS**

## Step One: Learning and Understanding

This course is broken down into **Learning Objectives** and related **Topics**. For each objective, you will participate in Learning Activities designed to enhance and reinforce understanding. **Learning Activities** include Interactive Discussions, readings, video and audio clips, slide presentations, Discussion Board prompts, Learning Journal prompts, practice exercises, demonstrations, as well as links to web and library resources.

#### **Course Structure**

The table below details the Learning Objectives along with their corresponding Topics.

Module	Topics
Introduction to Emotional	Defining Emotional Intelligence
Intelligence	The Importance of Emotional Intelligence to
	Business and Leadership
	Discovering Your Emotional Intelligence
Self-Awareness	Emotional Self-Awareness
	Accurate Self-Assessment
Self-Management	<ul><li>Identifying and Understanding Your Triggers</li><li>Stress Management</li></ul>
Other/Social Awareness	Empathy
,	Service Orientation
Relationship Management	Building Trust
	Catalyzing Change

## **Step Two: Final Assessment**

Once you have successfully progressed through the Learning Activities, you are ready to demonstrate that you have mastered the course. In order to demonstrate mastery, you must be evaluated as proficient or exemplary on each rubric category for the corresponding performance-based assessment (paper, presentation, project, etc.). Please note that submissions may be checked for plagiarism.

### STUDENT RESOURCES

### **Brandman Online Library Resources**

Brandman University provides comprehensive online library services including access to books, journals, databases, and other resources. Librarians are available via email and phone to provide support. Students can access the library directly when logged into their courses.

## **Writing and Math Help**

Brandman's Online Writing and Math Center (OWMC) offers subject-specific tutoring services, live workshops, video tutorials, tutorial office hours, and links to top academic sites in order to ensure student success. Students can access the OWMC directly when logged into their courses.

### **Netiquette**

Communicating in an efficient and respectful manner is critical to the learning process. Please view the following clip which provides netiquette guidelines:

http://www.youtube.com/watch?feature=player\_embedded&v=6dRoclqDJh0

# **Standards of Academic Integrity**

Academic integrity is a core Brandman University value which insures respect for the academic reputation of the University, its students, faculty and staff, and the degrees it confers. Students are required to read, understand, and apply the standards set forth concerning academic integrity found in the policy link below. http://www.brandman.edu/current-students/resources/catalogs

### **Americans with Disabilities Act Statement**

Brandman University is committed to ensuring equal educational access and opportunity for all members of our academic community. Students will be provided timely, efficient, and equitable accommodations and services that are in compliance with Section 504 of the Federal Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990 (ADA)/Americans with Disabilities Act Amendments Act of 2008 (ADAA). More details are available in the current Brandman University Academic Catalog. <a href="http://www.brandman.edu/current-students/resources/catalogs">http://www.brandman.edu/current-students/resources/catalogs</a>